**University of Bahrain**

**Department of English Language and Literature**

**ENGL 101 – Communication Skills I**

**Revision for Test #2**

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| **Marks** | **Possible** | **Actual** |
| **Reading:** | **13** |  |
| **Writing:** | **12** |  |
| **TOTAL:** | **25** |  |

**1.** Far too many of us living in large cities or busy communities find ourselves leading fast and furious lives. Living in such a stressful environment can cause some people to become nervous or depressed resulting in sleep disturbance, drug and alcohol abuse, and poor work performance. Stress can cause our minds and bodies physical harm which leads to an increase of diseases, infections and emotional problems that can even shorten our life expectancy. In order to maintain good health, it’s essential to find a way to relax. Many people find that physical activities such as exercising and utilizing creativity by art or music improves an individual’s attitude and leads to a better quality of life.

**2.** Hobbies and other leisure activities can have many health benefits and there is evidence to prove that staying mentally active may actually help delay Alzheimer's disease and keep our minds clear. My hobby is to draw and paint and when doing so I can lose myself for hours and forget the worries of the world. Studies have shown there can be a direct connection between painting and a reduction of stress levels. It’s a fact that Art Therapy, used by counselors to improve communication for patients suffering from mental health condition is helpful. Individuals affected by severe anxiety or stress are known to benefit from expressing their creative side through developing their painting skills, often in the company of others. Many hobbies help lonely people feel connected by encouraging them to interact with others, sometimes in a class of people who share the same interest.

**3.** People who take time off from their work to pursue hobbies are more likely to be active, peaceful and cheerful. As the saying goes, "all work and no play makes Jack a dull boy." Creating a picture in words or paint is hard work and the first marks I make on that blank paper or canvas are the most challenging. By facing difficulties in a fun and relaxing way, I learn to reduce my stress level and often work more effectively with others. Having a hobby can also help you achieve a well-balanced lifestyle. I know many people who find the hobby of cooking, gardening, fishing, photography or travelling helps them to relax and enjoy life.

**4.** Yes, painting pictures is still my number one hobby, or to be more precise my passion, and I indulge it whenever I can! I've always had the desire to draw whatever I see around me. When I was seven years old, it was my dream to become an artist. But my strict father insisted painting was a waste of time. When I was 37, I took a class and after I learned to draw and paint, my hobby opened up endless possibilities of style, color and technique. Painting never lost its appeal but busy intervening years restricted my time; however, now in my 70's I'm fortunate to have more opportunity to pursue my passion.

**5.** I live in a house by the side of a river with many beautiful lakes in the area, so I have no shortage of inspiration. Painting in oils is my preferred medium although I must admit oil painting can get a bit messy, at times. My work requires me to travel, but no matter where I go in the world, I always carry a sketchpad and paints in my luggage. I am by no means an "accomplished "artist but I do enjoy creating a picture full of color and passion. When I finally finish a painting to the best of my ability, I am exhausted, but whoever said a hobby should be easy? I will admit that I feel great pleasure when I can stand back to consider my efforts and realize that my creativity is within the beautiful colors of my painting.

**6.** Hobbies are more than just ways to creatively pass the time; they are good for your mind and body. Hobbies give pleasure and can calm the soul, and a hobby does not need to be expensive. So, set aside some time where you can do something simply for the purpose of self-enjoyment. I am lost in thought for hours while I paint. I often forget to eat when I am painting with soft music in the background. In addition, I find it is a distraction from the problems and difficulties of life. Even though the distraction is only temporary, my state of mind is improved and this is perhaps the greatest benefit of a hobby. The artistic pursuit of painting is certainly the one which helps me counter the stress caused by my hectic, modern lifestyle.

*Adapted from wwwhobbiesandhealth.org 2016.*

***Read the paragraph and answer the questions in complete sentences.***

1. What are two problems are the result of living in a stressful environment?

**1 Mark/\_\_\_\_\_**

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1. Why did the author’s father try to discourage him from pursuing his hobby?

**1 Mark/\_\_\_\_**

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***Circle the letter of the best answer:***

3. Give an example of a TRANSITION used in paragraph 6. **1 Mark/\_\_\_\_\_**

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***Circle T if the answer is TRUE. Circle F if the answer is FALSE.* 2 Marks/\_\_\_\_\_**

4. Hobbies can cause people to acquire Alzheimer’s disease. T F

5. The author believes painting can be exhausting, but it is still beneficial. T F

6. Studies show that people who participate in hobbies live longer and have a more relaxed life. T F

7. At the age of 7, the author began taking classes and learned about style and color . T F

***Each topic sentence is followed by four statements. \*Not all of the statements are reasons that support the topic.\*\* Determine the Supporting Reasons by circling SR next to them.***

**2 Marks/\_\_\_\_\_**

People who do take time off from their routine work to pursue their hobby are more likely to be active, peaceful and cheerful. As the saying goes, "all work and no play makes Jack a dull boy.". By facing difficulties in a fun and relaxing way, I learn to reduce my stress level and often work more effectively with others. Having a hobby can also help you achieve a well-balanced lifestyle. I know many people who find their hobby of cooking, gardening, fishing, photography or travelling helps them to relax and enjoy life.

9. Creating a picture in words or paint is difficult and the first few marks are the hardest. SR

10. Many people discover that photography, travelling or fishing helps them to relax and enjoy life. SR

11. Hobbies help me to reduce my stress level and since I am more calm I work better with others. SR

12. Having a hobby gives a person the ability to pursue dreams and develop their creative talents. SR

***Fill in the blanks of the paragraph with gerunds or infinitives.* 3 Marks/\_\_\_\_\_**

13. Even though the accident was scary, I refuse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that the driver did it on purpose. (believe)

14. After the expensive dinner, I could not afford \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ice cream, so we went for a walk. (buy)

15. I truly appreciate the coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me with extra sessions before the championship. (train)

16. Hassan’s boss encouraged him \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the organization skills he learned in engineering. (develop)

17. In the evening, my mother enjoys \_\_\_\_\_\_\_\_\_\_\_\_\_ cooking shows so she can pick up new recipes. (watch)

18. When my neighbor decided to quit smoking, \_\_\_\_\_\_\_\_\_\_\_\_\_ away her lighter was the first step. (throw)

***Add a comma or write “no comma” for the following SUBORDINATING CONJUNCTIONS.***

**2 Marks/\_\_\_\_\_**

19. Because it was my birthday we decided to travel to Dubai to celebrate as a family. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

20. Batool was late for class because she spent so much time helping her little brother. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

21. The movie Civil War shows a battle between Captain America and his former friend Iron Man. \_\_\_\_\_\_\_\_\_\_

22. The final exams will be very challenging but hard work will make it easy to earn a high grade. \_\_\_\_\_\_\_\_\_\_

***Read the paragraph and fill in the blanks with the correct Subordinating Conjunction.***

**1 Mark/\_\_\_\_\_**

**After Although So that**

“Football – an Exciting Sport”

Yesterday, I was talking with a friend about the most exciting sport. We decided it was football even though we did not agree about the most talented player. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ we made our decision, we talked about our favorite teams and the reasons why we enjoy cheering them on to victory. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ our teams do not always win, we still support them by wearing their colors on the day of a game.

**PARAGRAPH WRITING: W*rite a paragraph of 100-150* words based on the following topic.** *Be sure to include a Topic Sentence with Controlling Ideas. Remember to use supporting details. Try to use your best spelling, grammar, punctuation and capitalization. Don’t forget to use verbs correctly.* **12 Marks/\_\_\_\_\_**

**Reason Paragraph: Why do you or other people enjoy listening to music while studying or during free time?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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***Content: \_\_\_\_\_/4 Organization: \_\_\_\_\_/4 Mechanics: \_\_\_\_\_/4***